



# End of Life Care Practice Development Team

Our aim is to share information & inform you of our education sessions

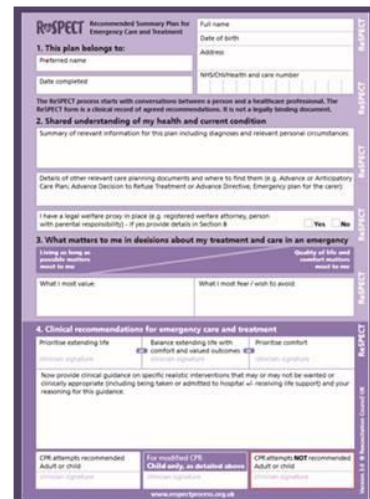


Welcome to this edition of the End of Life Practice Development Teams newsletter. We hope you can find the information within this newsletter to support your learning needs; however we are always open to developing bespoke sessions for organisations. Please make contact with us to discuss this if we can help.

The ReSPECT Plan (Recommended Summary Plan for Emergency Care and Treatment) launch has been moved to mid-June 2024.

If you are yet to access the training, it is expected that health and social care colleagues will require ReSPECT Awareness training if they come into contact with service users and patients who may have a ReSPECT plan in place. This training is suitable for the vast majority of colleagues. The module only takes approximately 20 minutes to complete but its meaningful impact for those with complex health needs is certain to be felt for much longer.

If your organisation uses MyESR, the training modules will be located on that platform. For organisations without ESR, each module is available for colleagues to access via NHS England's eLearning for Healthcare online portal.



For more information about the ReSPECT process, including resources, and how to access the training modules, please visit <https://www.icnorthamptonshire.org.uk/learning>. A guide is available on the web page for accessing the eLearning for Healthcare portal. If your organisation uses MyESR, the training modules will be added to the platform. If you are able, we recommend you access the training in this way to ensure it is recorded and so your organisation can recognise that you are ReSPECT ready.

## Enhanced Communication Skills Workshop

We are excited to offer further dates on this course that has been developed in collaboration with the internationally recognised Maguire Communication Skills Training Unit. This one day enhanced level communication skills course is for Registered Professionals who have already completed SAGE & THYME Communication Skills and covers key communication skills and behaviours, within an evidence based structure 'ENGAGE'.

❖ **Thursday 26<sup>th</sup> September 2024**

**Workshops are 9am – 4pm and will be Face to Face at Cynthia Spencer Hospice £120 per person (Free to NHFT Staff)**

## Evidence Based Care in the Last Days of life for Support Workers

This interactive workshop offers evidence based education & simulated learning for support workers across health & social care providers. It focuses on the key recommendations for care in the last days of life raised in National and local policy and guidance. Topics include communication, advance care planning, symptom management, the role of the support worker and the practical elements of caring for a person in the last days of life.

- **Tuesday 30<sup>th</sup> July 2024**

This workshop will be 1 - 4pm and Face to Face at Cynthia Spencer Hospice and charged at £80 per person (Free to NHFT Staff)

## T34 Syringe Pump Training for Registered Nurses



Syringe pump training is still being delivered face to face within individual care homes following current guidelines. Please contact us to discuss this.

We have a Face 2 Face training day planned for **Thursday 15<sup>th</sup> August 2024** at Cynthia Spencer Hospice, where we will hold a refresher (£80 per learner) and a full day workshop (£145 per learner).

Please contact us to discuss your learning requirements and book a place on one of these dates.

## ADVANCE CARE PLANNING (ACP)

ACP enables people to consider their wishes and preferences and plan for a time when they may no longer be able to speak for themselves. As the use of ACP increases it is imperative that we develop our knowledge and skills to facilitate this.

We are pleased to offer ACP education which includes the principles and legalities of ACP and the associated communication skills.



- **Wednesday 4<sup>th</sup> September 2024**

**This session will be via MS Teams - 2-4pm**

Workshop charged at £45.00 per person (Free to NHFT Staff)

## SAGE & THYME Foundation Level Communication Skills workshop teaches:

- A memorable structured approach for getting into and out of a conversation
- How to empower patients/carers who are worried or distressed
- Communication skills that are evidence based



This is a nationally recognised workshop charged at £90 per person.

(Free to NHFT Staff)

❖ **Thursday 5<sup>th</sup> September 2024 – 1.30 - 4pm via MS Teams**

❖ **Wednesday 11<sup>th</sup> December 2024 – 1 -4pm - Face to face Workshop**

## Care towards the end of life'

### A short course for Newly Registered Nurses

This short course will be partly depicted by the learning needs of the participants, but will include increasing foundation knowledge regarding:



- **Prognostication** – proactive identification of people coming towards the end of their life
- **Advance care planning** – principles of ACP, national policy and legislation, how to implement and associated communication skills
- **Symptom management** – assessment, management of key symptoms in last days, anticipatory prescribing, and communication regarding symptoms
- **Priorities for care of the dying person** - considering the national 5 priorities for care of the dying person and the application to practice
- **End of life care services** – available across Northamptonshire
- **Resilience** – caring for oneself

**Workshop 1 will be Face 2 Face from 9am – 4pm. Workshops 2 - 6 will be held 1-4pm via MS Teams apart from Workshop 4 which will be face to face, dates are:**

- Workshop 1 - Tuesday 17<sup>th</sup> September 2024 (F2F)
- Workshop 2 - Tuesday 1<sup>st</sup> October 2024
- Workshop 3 – Tuesday 15<sup>th</sup> October 2024
- Workshop 4 – Tuesday 5<sup>th</sup> November 2024 (F2F)
- Workshop 5 – Tuesday 19<sup>th</sup> November 2024
- Celebration & Sustainability Workshop - Tuesday 3<sup>rd</sup> December 2024

**The total cost to attend this course is £330 and also includes a place on the SAGE & THYME Communication Skills Workshop. (Free to NHFT Staff)**

***“Fantastic course. If I had done this before meeting palliative patients, it would have really boosted my knowledge and confidence. Feel every newly qualified should take the course!”***

**Community Nurse – March 2024**

## Care of dying adults in the last days of life for Registered Healthcare Professionals

These workshops offer an opportunity to consider evidence-based End of Life Care; Learners will be registered healthcare professionals from across health and social care providers. Four, two hour workshops will focus on the following key theme including; prognostication, haematological picture in the deteriorating patient, advance care planning, symptom assessment and management, decision making regarding clinically assisted hydration and nutrition and exploring grief and bereavement.

- ❖ Thursday 21<sup>st</sup> November 2024
- ❖ Thursday 28<sup>th</sup> November 2024
- ❖ Thursday 5<sup>th</sup> December 2024 (F2F workshop)
- ❖ Thursday 12<sup>th</sup> December 2024

**Total cost to attend these 4 x 2 hour workshops is £180. (Free to NHFT Staff)**

All webinars, apart from 5<sup>th</sup> December which will be face to face, will be held via MS Teams 2.00 - 4.00pm

***“I will feel more confident in looking after EOL patients and signs and symptoms to look for. I now appreciate more the importance of Advance Care Planning and will be more confident in discussing patient condition with doctors and Palliative team. “***

## End of Life Care Link Group

This group has free membership from health and social care organisations across Northamptonshire, who have a particular interest in Palliative and End of Life Care; if you would like to join this group, please email [eolceducation@nhft.nhs.uk](mailto:eolceducation@nhft.nhs.uk). The next meeting is:

- **Wednesday 16<sup>th</sup> October 2024 - 2- 3pm via MS Teams**

## Principles of Palliative and End of Life Care for Allied Health Professionals

This one day in-person study day is designed and delivered by Specialist Palliative Care AHPs, for AHPs across Northamptonshire to explore the principles of palliative care and end of life care.

It aims to build confidence in supporting those with a palliative diagnosis, such as degenerative neurological and cardiorespiratory conditions and to enable you to take these skills and knowledge into to your area of practice.

Outline of the day:

- What is Palliative and End of Life Care?
- Palliative Care Services in Northamptonshire
- Rehabilitative Palliative Care
- Advance Care Planning and Communication Skills
- AHP role in the last days of life



- **Thursday 17<sup>th</sup> October 2024.**



**These workshops will be 9am – 4pm and Face to face at Pondwood Business Hub in Moulton Park in Northampton. Places cost £120 per person (Free to NHFT Staff)**

Please note that where are sessions are free, non-attendance without 72 hours prior notification will be charged for and we will invoice your organisation. To check availability and book your place via our booking form, please contact [03000 271300](tel:03000271300) or email [eolceducation@nhft.nhs.uk](mailto:eolceducation@nhft.nhs.uk). Places will only be reserved for 7 days from point of enquiry. Without receipt of completed booking form and invoicing details, reserved places will be released.

We continue to be commissioned by individual organisations to deliver education to suit their particular learning needs, if this is of interest, please contact us for a copy of our course prospectus.

**If you require further support or have additional learning needs the team will endeavour to offer you support.**

**If you would no longer like to receive emails from us, please get in touch and we will remove you from our distribution list.**

