

# A-Z Fundraising

There are many ways you can fundraise, either at home or at work, with friends and family to help raise vital funds to support end of life care in North Northamptonshire.

## A

### Auction

Invite people to find an unwanted item in their house or think of a service (e.g. sharing a skill or buying a takeaway for a household) they're willing to put up for auction. Once you have a list, host a virtual auction over a video platform.

## B

### Birthday party

Hold a party! Ask your guests to dress to impress, blast out a party playlist, provide some drinks and nibbles and ask them donate the money they would have spent on a birthday night out.

## C

### Cook-along

Do you have a secret or signature recipe to share? Invite friends and family to donate and attend your virtual cook-along, sharing your recipe and ingredients list beforehand.

## D

### Don't dump it, donate it

Too many clothes cluttering up the wardrobe. Get everyone to bring in good quality clothing they no longer wear and bag it up for Cransley Hospice Trust. We take children's clothes too!

Jamie



"I'm keen to continue to do more of the things that matter to patients and families."

## E

### Event Superstar

Why not challenge yourself and your friends. Climb that mountain, jump out of a plane or run that marathon. We have some exhilarating events to tempt you, head over to our website to take a look.

## F

### Fancy-dress competition

Challenge your family or friends to a fancy-dress contest with a donation to enter and a prize up for grabs for the best dressed. Set the theme (70s style, book characters, heroes and villains etc) and encourage everyone to go all-out with their creative costumes.

## G

### Go Green

Cransley-fy yourself, home and household and ask friends to sponsor or join you. You could dye your hair, eat green food all day and decorate your house with as much green as possible!

## H

### How many?

Pick a physical challenge (e.g. push-ups, burpees) and complete a rep for every pound that gets donated. Good luck, you may need it!

## I

### Indoor games

These days almost everyone owns a Wii Fit or Guitar Hero set, so why not get your friends together and hold a video games tournament?

Karen



"We've celebrated weddings, birthday's and the jubilee."

## J

### Jam Tart King or Queen.

Everyone loves a bake-off! Hold a coffee morning, inviting friends to bring a homemade treat and make a donation at the door. If you have a volunteer star baker, ask them to make a special cake for guests to "guess the weight of the cake", charging for each guess.

Rosaline



"I like to give our patients what we call, the Cransley Sparkle."

# K

## Karaoke night

Get those tonsils warmed up and take to the stage as Madonna, Tina, Jacko, or even The King himself. The choice is yours. Just be careful on those high notes.

# L

## Let's get crafty

Roll up your sleeves and get stuck into a craft activity. Whether it's tie-dye, knitting, embroidery or your very own creative pursuit, you can ask for a donation in return for your creations in support of Cransley Hospice Trust.

# M

## Movie night

For all you film fans out there, find a movie all your friends can access then go to town making your own home cinema. Think themed food, fancy-dress and a 'What comes next?' challenge.

# N

## Name the...

Teddy-bear? House plant? New pet? Let your imagination run wild and collect donations in exchange for name suggestions!

# O

## Olympics

Get into the spirit of the Olympics in your own home or virtual Olympics – think egg and spoon races around the house, a limbo contest and a relay in the garden.

# P

## Place your bets

Host a virtual 'casino' – think poker, roulette and a makeshift fruit machine. Play with monopoly money, pieces of pasta or another creative currency.

# Q

## Quiz time

Are you an expert quizmaster, why not test your friends, colleagues or community by pulling together a fun quiz as easy or as hard as you like. Charge a fee for entry and maybe offer a prize for the winner

Michelle



"I want to empower each individual to find peace and comfort."

# R

## Roll Out Strawberries & Pimms

Invite the neighbours for a Wimbledon strawberry and Pimms party. "Serve" delicious treats of strawberries and cream with freshly made cakes and enjoy lots of party fun before calling game, set and match!

# S

## Scary Film Night

Enjoy a SPOOKtacular evening with friends and family! Ask for a donation to join in, sell bowls of popcorn and refreshments and then sit back and watch your spooky screening together. You could even have a TOMBola, or serve interval I-SCREAM to give your fundraising a BOOst.

# T

## Trembling terror trail

Set up a fancy dress terror treasure trail in your area, setting spooky clues along the way and getting participants to ask for sponsorship. City centres and larger towns work best where there are more people about!

# You can make a difference.

# U

## Unwanted gift swap

Did you receive socks from Uncle Dave again at Christmas? Then why not round up all your colleagues to do a big unwanted gift swap? Everyone can pay £1 to pick a new present, and someone's bound to go for your bath salts.

# V

## Value you Veggies

Either sell off your own home-grown harvest produce, or ask at the local allotment for people to donate a sample of their fruit, veg or flowers for you to sell - you could even make up an autumn harvest hamper to raffle!

# W

## Wine and cheese evening

Whether it's Blue Nun with Dairylea or a fruity port with Danish Blue, hosting a wine and cheese evening is really easy – and a gourmet way to raise some cash... Go crackers!

# X

## X marks the spot

Host a virtual treasure hunt around the house, inviting friends and family to hunt down the same list of items in their own homes.

# Y

## Yogathon

Clear a space at home or outside (and in your mind) and embark on a yoga challenge. Whether it is the lotus, the tree or even the warrior, see how far these poses can stretch your friends donations.

# Z

## Zzz...

Hold a sponsored sleepover or camp out with friends and family in their respective homes and stay up the whole night together on video calls. Get a list of movies or a TV show to binge-watch, not forgetting the popcorn and sweets to keep you fuelled through the night.



# Do you need more inspiration?

Get in touch with us today!

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[www.cransleyhospicetrust.org.uk](http://www.cransleyhospicetrust.org.uk)



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