



End of Life Care Practice Development Team

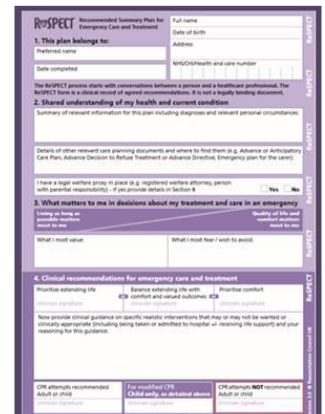
Our aim is to share information & inform you of our education sessions



Welcome to this edition of the End of Life Practice Development Teams newsletter. We have included some key countywide updates below regarding Recommended Summary Plan for Emergency Care and Treatment and the Medical Examiner.

* **The ReSPECT Plan (Recommended Summary Plan for Emergency Care and Treatment).** Providers continue to work to ensure all clinical, digital and governance requirements are met to be able to launch ReSPECT digitally across the system in the very near future.

If you are yet to access the training, it is expected that health and social care colleagues will require ReSPECT Awareness training, if they come into contact with service users and patients who may have a ReSPECT plan in place. This training is suitable for the vast majority of colleagues. The module only takes approximately 20 minutes to complete. If your organisation uses MyESR, the training modules will be located on that platform. For organisations without ESR, each module is available for colleagues to access via NHS England's eLearning for Healthcare online portal. For more information about the ReSPECT process, including resources, and how to access the training modules, please visit <https://www.icnorthamptonshire.org.uk/learning>. A guide is available on the web page for accessing the eLearning for Healthcare portal. If your organisation uses MyESR, the training modules will be added to the platform.



* **Medical Examiner.** From 9th September 2024, following a change in the process for registering deaths, all deaths whether they occur in hospital or in the community, the Medical Examiner must be informed. Since 2019 senior NHS doctors have had the opportunity to receive specialist training to become Medical Examiners. Alongside other specially trained staff, their job is to give independent advice into causes of deaths – except for deaths which must be reviewed by a Coroner.

The Medical Examiners ensure that all deaths are reviewed by someone who is independent and who was not involved in the patient's care. The Medical Examiner will work with the attending doctors (the doctor who is completing the medical certificate), to ensure that the information contained on the Medical Certificate Cause of Death is correct.

Once the Medical Examiner has confirmed the cause of death, they will provide a second signature on the medical certificate and either the GP or the Medical Examiner's office will send the medical certificate to the Registrar.

The Medical Examiner will work with the referring team to avoid any delays and work with families and carers to meet the legal requirements for registering deaths and therefore it is not anticipated that the funeral plans or release of the body will take longer.

Due to these changes the timeframe for the family to register the death is 5 days from the date the Registrar receives the electronic medical certificate from the Medical Examiner. To make an appointment with the General Registrar's office, go online:

For West Northamptonshire: www.westnorthants.gov.uk/registration-offices or Telephone 0300 126 7000 (Monday to Friday 9am to 5pm)

For North Northamptonshire: www.northnorthants.gov.uk/births-deaths-and-marriages or Telephone 0300 126 3000 (Monday to Friday 9am to 5pm).

Cont.

Also, From 9 September 2024, medical practitioners will be able to complete an MCCD if they attended the deceased in their lifetime. This represents a simplification of the current rules, which before 9 September require referral of the case to a coroner for review if the medical practitioner had not seen the patient within the 28 days prior to death or had not seen in person the patient after death.

The link below takes you to the page where the changes are in full:

[NHS England » The national medical examiner system](#)

SAGE & THYME Foundation Level Communication Skills workshop teaches:

- A memorable structured approach for getting into and out of a conversation
- How to empower patients/carers who are worried or distressed
- Communication skills that are evidence based



❖ **Tuesday 14th January 2025 – 1.30 - 4pm via MS Teams**

❖ **Thursday 13th February 2025 – 1.30 - 4pm via MS Teams**

This is a nationally recognised workshop charged at £90 per person.

(Free to NHFT Staff)

ADVANCE CARE PLANNING (ACP)

ACP enables people to consider their wishes and preferences and plan for a time when they may no longer be able to speak for themselves. As the use of ACP increases it is imperative that we develop our knowledge and skills to facilitate this.

We are pleased to offer ACP education which includes the principles and legalities of ACP and the associated communication skills.



- [Wednesday 15th January 2025](#)

[This session will be via MS Teams- 2-4pm](#)

Workshop charged at £45.00 per person (Free to NHFT Staff)

T34 Syringe Pump Training for Registered Nurses with Nursing Homes



Syringe pump training is still being delivered face to face within individual care homes following current guidelines. Please contact us to discuss this.

We have a Face 2 Face training day planned for **Thursday 30th January 2025** at Cynthia Spencer Hospice, where we will hold a refresher (£80 per learner) and a full day workshop (£145 per learner).

Please contact us to discuss your learning requirements and book a place on one of these dates.

Enhanced Communication Skills Workshop

We are excited to offer further dates on this course that has been developed in collaboration with the internationally recognised Maguire Communication Skills Training Unit. This one day enhanced level communication skills course is for Registered Professionals who have already completed SAGE & THYME Communication Skills and covers key communication skills and behaviours, within an evidence based structure 'ENGAGE'.

- ❖ **Thursday 6th February 2025**

Workshops are 9am – 4pm and will be Face to Face at Cynthia Spencer Hospice £120 per person (Free to NHFT Staff)

Care towards the end of life'

A short course for Newly Registered Nurses

This short course will be partly depicted by the learning needs of the participants, but will include increasing foundation knowledge regarding:



- **Prognostication** – proactive identification of people coming towards the end of their life
- **Advance care planning** – principles of ACP, national policy and legislation, how to implement and associated communication skills
- **Symptom management** – assessment, management of key symptoms in last days, anticipatory prescribing, and communication regarding symptoms
- **Priorities for care of the dying person** - considering the national 5 priorities for care of the dying person and the application to practice
- **End of life care services** – available across Northamptonshire
- **Resilience** – caring for oneself

Workshop 1 will be Face 2 Face from 9am – 4pm. Workshops 2 - 6 will be held 1-4pm via MS Teams, dates are:

- Workshop 1 - Tuesday 7th January 2025 (F2F)
- Workshop 2 - Tuesday 21st January 2025
- Workshop 3 – Tuesday 4th February 2025
- Workshop 4 – Tuesday 25th February 2025
- Workshop 5 – Tuesday 11th March 2025
- Celebration & Sustainability Workshop - Tuesday 25th March 2025

The total cost to attend this course is £330 and also includes a place on the SAGE & THYME Communication Skills Workshop. (Free to NHFT Staff)

“Fantastic course. If I had done this before meeting palliative patients, it would have really boosted my knowledge and confidence. Feel every newly qualified should take the course!”

Community Nurse – March 2024

Care of dying adults in the last days of life for Registered Healthcare Professionals

These workshops offer an opportunity to consider evidence-based End of Life Care; Learners will be registered healthcare professionals from across health and social care providers. Four, two hour workshops will focus on the following key theme including; prognostication, haematological picture in the deteriorating patient, advance care planning, symptom assessment and management, decision making regarding clinically assisted hydration and nutrition and exploring grief and bereavement.

- ❖ Wednesday 29th January 2025
- ❖ Wednesday 12th February 2025
- ❖ Wednesday 5th March 2025 (F2F workshop)
- ❖ Wednesday 19th March 2025

Total cost to attend these 4 x 2 hour workshops is £180. (Free to NHFT Staff)

All webinars, apart from 5th March which will be face to face, will be held via MS Teams 2.00 - 4.00pm

“I will have more confidence in looking at alternative ways of managing symptoms. “

Registered Nurse 2024

End of Life Care Link Group

This group has free membership from health and social care organisations across Northamptonshire, who have a particular interest in Palliative and End of Life Care; if you would like to join this group, please email eolceducation@nhft.nhs.uk. The next meeting is:

- **Thursday 13th March 2025 - 2-3pm via MS Teams**

Principles of Palliative and End of Life Care for Allied Health Professionals

This one day in-person study day is designed and delivered by Specialist Palliative Care AHPs, for AHPs across Northamptonshire to explore the principles of palliative care and end of life care.

It aims to build confidence in supporting those with a palliative diagnosis, such as degenerative neurological and cardiorespiratory conditions and to enable you to take these skills and knowledge into to your area of practice.

Outline of the day:

- What is Palliative and End of Life Care?
 - Palliative Care Services in Northamptonshire
 - Rehabilitative Palliative Care
 - Advance Care Planning and Communication Skills
 - AHP role in the last days of life
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- **2025 date to be confirmed.**
Please email for further information



These workshops will be 9am – 4pm and Face to face at Pondwood Business Hub in Moulton Park in Northampton. Places cost £120 per person (Free to NHFT Staff)

Please note that where sessions are free, non-attendance without 72 hours prior notification will be charged for and we will invoice your organisation. To check availability and book your place via our booking form, please contact [03000 271300](tel:03000271300) or email eolceducation@nhft.nhs.uk. Places will only be reserved for 7 days from point of enquiry. Without receipt of completed booking form and invoicing details, reserved places will be released.

We continue to be commissioned by individual organisations to deliver education to suit their particular learning needs, if this is of interest, please contact us for a copy of our course prospectus.

If you require further support or have additional learning needs the team will endeavour to offer you support.

If you would no longer like to receive emails from us, please get in touch and we will remove you from our distribution list.

