End of Life Care Practice Development Team

Northamptonshire Healthcare NHS Foundation Trust





Our aim is to share information & inform you of our education sessions.

Welcome to our first newsletter of 2025! This newsletter has the availability of our up-and-coming education workshops and courses. We are also able to provide commissioned education that is developed uniquely to meet organisations specific educational needs – so please get in contact if you have any questions.

We are delighted to share with you that Ishver Patel MBE from the Wellingborough District Hindu Association has kindly agreed to provide a webinar session for us with the objective of 'Equipping health and social care professionals with the knowledge and skills to provide culturally sensitive and compassionate end-of-life care to patients of Hindu faith, respecting their spiritual, cultural, and religious needs.' The session will be held via Teams on the 18th March from 2.30-3.30. Please email us on eolecaducation@nhft.nhs.uk to register for this free session.

The national Hospice UK 'Dying Matters week' this year is 5th – 11th May 2025, for more information follow the link https://www.hospiceuk.org/our-campaigns/dying-matters/dying-matters-awareness-week The Integrated Care Board will also be holding events during this week which we will send onto you when we have more information.

End of Life Care Link Group

This group has free membership from health and social care organisations across Northamptonshire, who have a particular interest in Palliative and End of Life Care; if you would like to join this group, please email <u>eolceducation@nhft.nhs.uk</u>.

The next meeting will be merged with the Education Collaborative and is on:

• Tuesday 18th March 2025 - 2.30-3.30pm via MS Teams

The following date for the group will be:

Thursday 3rd July 2025 - 2.30-3.30pm via MS Teams

SAGE & THYME Foundation Level Communication Skills workshop teaches:

- A memorable structured approach for getting into and out of a conversation.
- How to empower patients/carers who are worried or distressed.
- Communication skills that are evidence based.
 - ❖ Tuesday 1st April 2025 1.30 4pm via MS Teams
 - ❖ Thursday 1st May 2025 1 4pm Face to Face



This is a nationally recognised workshop charged at £90 per person.

(Free to NHFT Staff)

Syringe Pump Training for Registered Nurses within Nursing Homes



We have a training day planned for <u>Thursday 10th April</u> <u>2025</u> at Cynthia Spencer Hospice, where we will hold a refresher session for those that have previously completed their full training (£80 per learner) and a full day workshop (£145 per learner).

The full day workshop includes indications for use and how to use the device, medication used towards the end of life and how to calculate these.

We are always happy to provide syringe pump education commissioned specifically for your organisation. Please contact us to discuss your learning requirements and/or book a place.

ADVANCE CARE PLANNING (ACP)

ACP enables people to consider their wishes and preferences and plan for a time when they may no longer be able to speak for themselves. As the use of ACP increases it is imperative that we develop our knowledge and skills to facilitate this.

We are pleased to offer ACP education which includes the principles and legalities of ACP and the associated communication skills.



• Tuesday 29th April 2025

This session will be via MS Teams- 2-4pm

Workshop charged at £45.00 per person (Free to NHFT Staff)

Enhanced Communication Skills Workshop

We are excited to offer further dates on this course that has been developed in collaboration with the internationally recognised Maguire Communication Skills Training Unit. This one day enhanced level communication skills course is for Registered Professionals who have already completed SAGE & THYME Communication Skills and covers key communication skills and behaviours, within an evidence based structure 'ENGAGE'.

Thursday 15th May 2025

Workshops are 9am – 4pm and will be Face to Face at Cynthia Spencer Hospice £120 per person (Free to NHFT Staff)

Principles of Palliative and End of Life Care for Allied Health Professionals

This one day in-person study day is designed and delivered by Specialist Palliative Care AHPs, for AHPs across Northamptonshire to explore the principles of palliative care and end of life care.

It aims to build confidence in supporting those with a palliative diagnosis, such as degenerative neurological and cardiorespiratory conditions and to enable you to take these skills and knowledge into to your area of practice.

Next date to be confirmed.
Please email for further information.

These workshops will be 9am – 4pm and Face to face at Pondwood Business Hub in Moulton Park in Northampton. Places cost £120 per person (Free to NHFT Staff)

Please note that where are sessions are free, non-attendance without 72 hours prior notification will be charged for and we will invoice your organisation.

To check availability and book your place via our booking form, please contact <u>03000</u> <u>271300</u> or email <u>eolceducation@nhft.nhs.uk</u>. Places will only be reserved for 7 days from point of enquiry. Without receipt of completed booking form and invoicing details, reserved places will be released.

We continue to be commissioned by individual organisations to deliver education to suit their particular learning needs, if this is of interest, please contact us for a copy of our course prospectus.

If you require further support or have additional learning needs the team will endeavour to offer you support.

If you would no longer like to receive emails from us, please get in touch and we will remove you from our distribution list.