



July 2025 Newsletter

NHS
Northamptonshire Healthcare
NHS Foundation Trust

End of Life Care Practice Development Team

Our aim is to share information & inform you of our education sessions.



Welcome to our summer newsletter! This newsletter has the availability of our up-and-coming education workshops and courses. We are also able to provide commissioned education that is developed uniquely to meet organisations specific educational needs – so please get in contact if you have any questions.

We are delighted to offer **Registered Nurse Verification of Expected Adult Death (RNVOEAD) Training** to Registered Nurses working within Northamptonshire Nursing Homes. This FREE 3-hour workshop will ensure learners gain the knowledge and skills to undertake Registered Nurse Verification of Expected Adult Death in accordance with Hospice UK Competence Standards 1-7 (2025).

This vital training has been kindly funded by Cransley Hospice Trust and Cynthia Spencer Hospice Charity to support the timely verification of death to enhance the quality of care for patients and their loved ones. For further information and available dates please contact eolceducation@nhft.nhs.uk.

SAGE & THYME Foundation Level Communication Skills workshop teaches:

- A memorable structured approach for getting into and out of a conversation.
- How to empower patients/carers who are worried or distressed.
- Communication skills that are evidence based.



❖ **Tuesday 12th August 2025 – 1.30 - 4pm – via MS Teams**

❖ **Tuesday 14th October 2025 – 1.30 - 4pm – via MS Teams**

**This is a nationally
recognised workshop
charged at £90 per person.**

(Free to NHFT Staff)

Syringe Pump Training for Registered Nurses within Nursing Homes



We have a training day planned for **Thursday 4th September 2025** at Cynthia Spencer Hospice, where we will hold a refresher session for those that have previously completed their full training (£80 per learner) and a full day workshop (£145 per learner).

The full day workshop includes indications for use and how to use the device, medication used towards the end of life and how to calculate these.

We are always happy to provide syringe pump education commissioned specifically for your organisation. Please contact us to discuss your learning requirements and/or book a place.

Care of dying adults in the last days of life for Registered Healthcare Professionals

These workshops offer an opportunity to consider evidence-based End of Life Care; Learners will be registered healthcare professionals from across health and social care providers. Four, two hour workshops will focus on the following key theme including; prognostication, haematological picture in the deteriorating patient, advance care planning, symptom assessment and management, decision making regarding clinically assisted hydration and nutrition and exploring grief and bereavement.

- ❖ Thursday 11th September 2025
- ❖ Wednesday 17th September 2025 (F2F workshop)
- ❖ Thursday 25th September 2025
- ❖ Thursday 2nd October 2025

Total cost to attend these 4 x 2 hour workshops is £180.

(Free to NHFT Staff)

All webinars, apart from 17th September which will be face to face, will be held via MS Teams 2.00 - 4.00pm

“I will have more confidence in looking at alternative ways of managing symptoms.”

Registered Nurse 2024

Enhanced Communication Skills Workshop

We are excited to offer further dates on this course that has been developed in collaboration with the internationally recognised Maguire Communication Skills Training Unit. This one day enhanced level communication skills course is for Registered Professionals who have already completed SAGE & THYME Communication Skills and covers key communication skills and behaviours, within an evidence based structure 'ENGAGE'.

- ❖ Thursday 18th September 2025
- ❖ Thursday 16th October 2025

Workshops are 9am – 4pm and will be Face to Face at Cynthia Spencer Hospice
£120 per person (Free to NHFT Staff)

ADVANCE CARE PLANNING (ACP)

ACP enables people to consider their wishes and preferences and plan for a time when they may no longer be able to speak for themselves. As the use of ACP increases it is imperative that we develop our knowledge and skills to facilitate this.

We are pleased to offer ACP education which includes the principles and legalities of ACP and the associated communication skills.



- Tuesday 11th November 2025
This session will be via MS Teams- 2-4pm

Workshop charged at £45.00 per person (Free to NHFT Staff)

End of Life Care Link Group

This group has free membership from health and social care organisations across Northamptonshire, who have a particular interest in Palliative and End of Life Care; if you would like to join this group, please email eolceducation@nhft.nhs.uk.

The meeting date for the group will be

Wednesday 23rd October 2025 - 2.30-4pm via MS Teams

Principles of Palliative and End of Life Care for Allied Health Professionals

This one day in-person study day is designed and delivered by Specialist Palliative Care AHPs, for AHPs across Northamptonshire to explore the principles of palliative care and end of life care.

It aims to build confidence in supporting those with a palliative diagnosis, such as degenerative neurological and cardiorespiratory conditions and to enable you to take these skills and knowledge into your area of practice.



- **Thursday 27th November 2025**

These workshops will be 9am – 4pm and Face to face at Pondwood Business Hub in Moulton Park in Northampton. Places cost £120 per person (Free to NHFT Staff)

Please note that where sessions are free, non-attendance without 72 hours prior notification will be charged for and we will invoice your organisation.

To check availability and book your place via our booking form, please contact 03000 271300 or email eolceducation@nhft.nhs.uk. Places will only be reserved for 7 days from point of enquiry. Without receipt of completed booking form and invoicing details, reserved places will be released.

We continue to be commissioned by individual organisations to deliver education to suit their particular learning needs, if this is of interest, please contact us for a copy of our course prospectus.

**If you require further support or have additional learning needs
the team will endeavour to offer you support.**

**If you would no longer like to receive emails from us, please get in touch and we will
remove you from our distribution list.**