



November 2025 Newsletter

NHS
Northamptonshire Healthcare
NHS Foundation Trust

End of Life Care Practice Development Team

Our aim is to share information & inform you of our education sessions.



Welcome to our November newsletter! This newsletter has the availability of our up-and-coming education workshops and courses. We are also able to provide commissioned education that is developed uniquely to meet organisations specific educational needs – so please get in contact if you have any questions.

Cransley Hospice Trust and Cynthia Spencer Hospice Charity have kindly funded places for Registered Nurses working within Northamptonshire Nursing Homes to attend **Registered Nurse Verification of Expected Adult Death (RNVOEAD) Training**.

This FREE 3-hour workshop will ensure learners gain the knowledge and skills to undertake Registered Nurse Verification of Expected Adult Death in accordance with Hospice UK Competence Standards 1-7 (2025).

4 free places are available for each nursing home within Northamptonshire. Dates are:

- ~~Thursday 16th October 2025 *~~ ~~8:45-11:45am or 12:45-3:45pm~~ ~~FULLY BOOKED~~
- ~~Tuesday 21st October 2025 **~~ ~~9am-12 noon or 1-4pm~~ ~~FULLY BOOKED~~
- Thursday 13th November 2025 * 8:45-11:45am or 12:45-3:45pm
- Weds 19th November 2025 ** 9am-12 noon or 1-4pm
- Thursday 4th December 2025 ** 9am-12 noon or 1-4pm
- Tuesday 9th December 2025 ** 1-4pm
- Weds 10th December 2025 ** 9am-12 noon or 1-4pm

Venues: * Ironstone Wellbeing Centre, Kettering, NN14 1FN

** Pondwood Business Hub, Northampton, NN3 6RT

For further information on this or any other bookings or queries, please contact eolceducation@nhft.nhs.uk

SAGE & THYME Foundation Level Communication Skills workshop teaches:

- A memorable structured approach for getting into and out of a conversation.
- How to empower patients/carers who are worried or distressed.
- Communication skills that are evidence based.

❖ Tuesday 3rd February 2026 – 1.30 - 4pm – via MS Teams

❖ Tuesday 28th April 2026 – 9.30am – 12.30pm – F2F



This is a nationally recognised workshop charged at £90 per person.
(Free to NHFT Staff)

Care towards the end of life'

A short course for Newly Registered Nurses

This short course will be partly depicted by the learning needs of the participants, but will include increasing foundation knowledge regarding:



- **Prognostication** – proactive identification of people coming towards the end of their life
- **Advance care planning** – principles of ACP, national policy and legislation, how to implement and associated communication skills
- **Symptom management** – assessment, management of key symptoms in last days, anticipatory prescribing, and communication regarding symptoms
- **Priorities for care of the dying person** - considering the national 5 priorities for care of the dying person and the application to practice
- **End of life care services** – available across Northamptonshire
- **Resilience** – caring for oneself

Workshop 1 will be Face 2 Face from 9am – 4pm. Workshops 2 - 6 will be held 1-4pm via MS Teams, dates are:

- Workshop 1 - Wednesday 14th January 20256 (F2F)
- Workshop 2 - Wednesday 28th January 2026
- Workshop 3 – Wednesday 11th February 2026
- Workshop 4 – Wednesday 25th February 2026
- Workshop 5 – Wednesday 11th March 2026
- Celebration & Sustainability Workshop - Wednesday 25th March 2026
- Syringe Pump Confidence Building Session – Wednesday 15th April 2026 (F2F)

**The total cost to attend this is £330.
(FREE to NHFT staff)**

“Thoroughly enjoyed the course and have learnt a lot to enhance confidence when caring for palliative patients”

Community Nurse – March 2025

Syringe Pump Training for Registered Nurses within Nursing Homes



We have a training day planned for **Thursday 5th February 2026** at Cynthia Spencer Hospice, where we will hold a refresher session for those that have previously completed their full training (£80 per learner) and a full day workshop (£145 per learner).

The full day workshop includes indications for use and how to use the device, medication used towards the end of life and how to calculate these.

We are always happy to provide syringe pump education commissioned specifically for your organisation. Please contact us to discuss your learning requirements and/or book a place.

End of Life Care Link Group

This group has free membership from health and social care organisations across Northamptonshire, who have a particular interest in Palliative and End of Life Care; if you would like to join this group, please email eolceducation@nhft.nhs.uk.

**The meeting date for the group will be
Wednesday 4th March 2026 - 2.30-3.30pm via MS Teams**

Enhanced Communication Skills Workshop

We are excited to offer further dates on this course that has been developed in collaboration with the internationally recognised Maguire Communication Skills Training Unit. This one day enhanced level communication skills course is for Registered Professionals who have already completed SAGE & THYME Communication Skills and covers key communication skills and behaviours, within an evidence based structure 'ENGAGE'.

❖ **Thursday 12th March 2026**

Workshops are 9am – 4pm and will be
Face to Face at Cynthia Spencer Hospice
£120 per person (Free to NHFT Staff)

Care of dying adults in the last days of life for Registered Healthcare Professionals

These workshops offer an opportunity to consider evidence-based End of Life Care; Learners will be registered healthcare professionals from across health and social care providers. Four, two hour workshops will focus on the following key theme including; prognostication, haematological picture in the deteriorating patient, advance care planning, symptom assessment and management, decision making regarding clinically assisted hydration and nutrition and exploring grief and bereavement.

❖ **Tuesday 14th April 2026**

❖ **Tuesday 21st April 2026 (F2F workshop)**

❖ **Tuesday 5th May 2026**

❖ **Tuesday 12th May 2026**

**Total cost to attend this course of
4 workshops is £180.**

(Free to NHFT staff)

All webinars, apart from 21st April which will be face to face, will be held
via MS Teams 2.00 - 4.00pm

“Gained confidence in my ability to assess and treat patients but knowing there are so many specialist teams available, and that they are approachable is very reassuring.”

Registered Nurse 2025

ADVANCE CARE PLANNING (ACP)

ACP enables people to consider their wishes and preferences and plan for a time when they may no longer be able to speak for themselves. As the use of ACP increases it is imperative that we develop our knowledge and skills to facilitate this.

We are pleased to offer ACP education which includes the principles and legalities of ACP and the associated communication skills.



• Thursday 23rd April 2026

This session will be via MS Teams- 2-4pm

**Workshop charged at £45.00 per
person (Free to NHFT Staff)**

Principles of Palliative and End of Life Care for Allied Health Professionals

This one day in-person study day is designed and delivered by Specialist Palliative Care AHPs, for AHPs across Northamptonshire to explore the principles of palliative care and end of life care.



It aims to build confidence in supporting those with a palliative diagnosis, such as degenerative neurological and cardiorespiratory conditions and to enable you to take these skills and knowledge into your area of practice.

- **Thursday 14th May 2026**

These workshops will be 9am – 4pm and Face to face at Pondwood Business Hub in Moulton Park in Northampton. Places cost £120 per person (Free to NHFT Staff)

Please note that where sessions are free, non-attendance without 72 hours prior notification will be charged for and we will invoice your organisation.

To check availability and book your place via our booking form, please contact 03000 271300 or email eoleducation@nhft.nhs.uk. Places will only be reserved for 7 days from point of enquiry. Without receipt of completed booking form and invoicing details, reserved places will be released.

We continue to be commissioned by individual organisations to deliver education to suit their particular learning needs, if this is of interest, please contact us for a copy of our course prospectus.

**If you require further support or have additional learning needs
the team will endeavour to offer you support.**

**If you would no longer like to receive emails from us, please get in touch and we will
remove you from our distribution list.**