



July 2026 Newsletter

NHS
Northamptonshire Healthcare
NHS Foundation Trust

End of Life Care Practice Development Team

Our aim is to share information & inform you of our education sessions.



Welcome to our latest newsletter, which gives details of our up-and-coming education workshops and courses.

We are delighted to share with you that we have been shortlisted for Health Service Journal, Patient Safety Award for 'Building safe, compassionate and timely care in Nursing Homes through Registered Nurse Verification of Expected Adult Death Education'. Throughout the course of the project we were able to successfully educate 186 Registered Nurses! Feedback from staff has been overwhelmingly positive, with nurses reporting increased confidence, enhanced clinical competence, and a greater ability to support patients and families when verifying expected death.



The impact of the programme is already evident. From data received, of a possible 112 deaths to date, 110 of these were verified by Registered Nurses! This has helped to improve the experience for families, reduce delays following death, and reduce pressures on the system.

Thank you to everyone who contributed to the training and for all those who provided feedback.

"Overall, the training has been very valuable in strengthening our end-of-life care processes and empowering nursing staff with the knowledge and skills required to manage expected deaths appropriately within the home setting." (NH Manager, 2026)

Along with forthcoming dates outlined below, please remember that we are also able to provide commissioned education that can be developed uniquely to meet organisations specific educational needs. We can also provide onsite syringe pump training to nursing homes, please get in contact if you have any questions regarding commissioning training, more info below.

ADVANCE CARE PLANNING (ACP)

ACP enables people to consider their wishes and preferences and plan for a time when they may no longer be able to speak for themselves. As the use of ACP increases it is imperative that we develop our knowledge and skills to facilitate this (also includes the use of the ReSPECT plan).

We are pleased to offer ACP education which includes the principles and legalities of ACP and the associated communication skills.



- Tuesday 11th August 2026 2-4pm
- Tuesday 8th December 2026 9.30-11.30am

All sessions will be via MS Teams

Workshop charged at £45.00 per person (Free to NHFT Staff)

Syringe Pump Training for Registered Nurses

We are pleased to offer Syringe Pump Training for Registered Nurses within care homes.



Training Options Available:

1. **Refresher session** – For Nurses who have previously completed syringe pump training and require an update to maintain competence and confidence in practice. (9.30am – 1pm)
2. **Full Day Workshop** – For nurses new to syringe pumps. (9.30am – 4pm)
The session includes:

- Indications for use
- Practical device set up and troubleshooting
- Symptom Management
- Medication conversions and calculations

Venue: Cynthia Spencer Hospice
Cost per learner: £80 Refresher
£145 Full day

Dates:
Tues 22nd September 2026

We are always happy to provide syringe pump education commissioned specifically for your organisation. Please contact us to discuss your learning requirements and/or book a place on one of the above dates.

SAGE & THYME Foundation Level Communication Skills workshop teaches:

- A memorable structured approach for getting into and out of a conversation.
- How to empower patients/carers who are worried or distressed.
- Communication skills that are evidence based.



SAGE & THYME Dates:

❖ **Wednesday 9th September 2026 – 1.30-4pm (Ms Teams)**

❖ **Tuesday 8th December 2026 – 1.00-4pm**
(F2F at Cynthia Spencer Hospice)

This is a nationally recognised workshop charged at £90 per person.

(Free to NHFT Staff)

Principles of Palliative and End of Life Care for Allied Health Professionals

This one day in-person study day is designed and delivered by Specialist Palliative Care AHPs, for AHPs across Northamptonshire to explore the principles of palliative care and end of life care.

It aims to build confidence in supporting those with a palliative diagnosis, such as degenerative neurological and cardiorespiratory conditions and to enable you to take these skills and knowledge into to your area of practice.



- **Thursday 8th October 2026**

These workshops will be 9.30am – 4pm and Face to face at Pondwood Business Hub in Moulton Park in Northampton. Places cost £120 per person (Free to NHFT Staff)

End of Life Care Link Group

This group has free membership from health and social care organisations across Northamptonshire, who have a particular interest in Palliative and End of Life Care; if you would like to join this group, please email eolceducation@nhft.nhs.uk.

The meeting date for the group will be
Wednesday 14th October 2026 - 2.30-3.30pm via MS Teams

Enhanced Communication Skills Workshop

We are excited to offer further dates on this course that has been developed in collaboration with the internationally recognised Maguire Communication Skills Training Unit. This one day enhanced level communication skills course is for Registered Professionals who have already completed SAGE & THYME Communication Skills and covers key communication skills and behaviours, within an evidence based structure 'ENGAGE'.

❖ **Thursday 22nd October 2026**

Workshops are 9am – 4pm and will be
Face to Face at Cynthia Spencer Hospice
£120 per person (Free to NHFT Staff)

Care towards the end of life'

A short course for Newly Registered Nurses

This short course will be partly depicted by the learning needs of the participants, but will include increasing foundation knowledge regarding:

- **Prognostication** – proactive identification of people coming towards the end of their life
- **Advance care planning** – principles of ACP, national policy and legislation, how to implement and associated communication skills
- **Symptom management** – assessment, management of key symptoms in last days, anticipatory prescribing, and communication regarding symptoms
- **Priorities for care of the dying person** - considering the national 5 priorities for care of the dying person and the application to practice
- **End of life care services** – available across Northamptonshire
- **Resilience** – caring for oneself



Workshop 1 will be Face 2 Face from 9am – 4pm. Workshops 2 - 5 will be held 1-4pm via MS Teams and Workshop 6 will be Face to Face 1-4pm, dates are:

Autumn Cohort:

Workshop 1 - Tuesday 8th September 2026
(F2F)

Workshop 2 - Tuesday 15th September 2026

Workshop 3 – Wednesday 30th September 2026

Workshop 4 – Tuesday 6th October 2026

Workshop 5 – Tuesday 20th October 2026

Celebration & Sustainability Workshop with Syringe Pump Confidence Building Session –
Tuesday 3rd November 2026 (F2F)

*“Thoroughly enjoyed the
course and have learnt a lot to
enhance confidence when
caring for palliative patients”*

Community Nurse – March 2025

Care of dying adults in the last days of life for Registered Healthcare Professionals

These workshops offer an opportunity to consider evidence-based End of Life Care; Learners will be registered healthcare professionals from across health and social care providers. Four, two-hour workshops will focus on the following key theme including; prognostication, haematological picture in the deteriorating patient, advance care planning, symptom assessment and management, decision making regarding clinically assisted hydration and nutrition and exploring grief and bereavement.

Autumn cohort:

- ❖ **Thursday 5th November 2026**
- ❖ **Thursday 12th November 2026 (F2F workshop)**
- ❖ **Thursday 26th November 2026**
- ❖ **Thursday 10th December 2026**

**All webinars will be 2.00 -
4.00pm and via MS Teams
unless otherwise stated**

**Total cost to attend this course of
4 workshops is £180. (FREE to NHFT staff)**

Please note that where sessions are free, non-attendance without 72 hours prior notification will be charged for and we will invoice your organisation.

To check availability and book your place via our booking form, please contact [03000 271300](tel:03000271300) or email eolceducation@nhft.nhs.uk. Places will only be reserved for 7 days from point of enquiry. Without receipt of completed booking form and invoicing details, reserved places will be released.

We continue to be commissioned by individual organisations to deliver education to suit their particular learning needs, if this is of interest, please contact us for a copy of our course prospectus.

**If you require further support or have additional learning needs
the team will endeavour to offer you support.**

**If you would no longer like to receive emails from us, please get in touch and we will
remove you from our distribution list.**