



October 2026
Newsletter

End of Life Care Practice Development Team

Our aim is to share information & inform you of our education sessions.

NHS
Northamptonshire Healthcare
NHS Foundation Trust

**Cynthia
Spencer**
Care, Support, Choice

Cransley
Hospice

Welcome to our latest Education Newsletter!

We're pleased to share details of our upcoming workshops and education opportunities, including some exciting news for nursing homes across the county.

Following our recent achievement as finalists in the Health Service Journal Patient Safety Awards, we're delighted that Cynthia Spencer Hospice Charity and Cransley Hospice Trust are continuing to support our Registered Nurse Verification of Expected Adult Death education. During 2027, we will be offering four fully funded (free) training dates, held at different locations across the county. Each nursing home will be offered one free place.

And there's more good news! Throughout 2027, Cynthia Spencer Hospice Charity are fully funding (free) a Syringe Pump Study Day each month, with three funded places available to each nursing home.

Nursing Home Managers will receive information about both opportunities via the ICB, including dates and details of how to book, so please keep an eye on your inbox.

Alongside the courses listed below, we can develop commissioned education specifically around the learning needs of your organisation and staff. If you would like to discuss what we could offer your team, please get in touch using the details below

SAGE & THYME Foundation Level Communication Skills workshop teaches:

- A memorable structured approach for getting into and out of a conversation.
- How to empower patients/carers who are worried or distressed.
- Communication skills that are evidence based.



SAGE & THYME Dates:

❖ **Thursday 4th February 2027 – 1.30-4pm (Ms Teams)**

**This is a nationally
recognised workshop
charged at £90 per person.

(Free to NHFT Staff)**

End of Life Care Link Group

This group has free membership from health and social care organisations across Northamptonshire, who have a particular interest in Palliative and End of Life Care; if you would like to join this group, please email eolceducation@nhft.nhs.uk.

**The meeting date for the group will be
Wednesday 17th March 2027 - 2.30-3.30pm via MS Teams**

Enhanced Communication Skills Workshop

We are excited to offer further dates on this course that has been developed in collaboration with the internationally recognised Maguire Communication Skills Training Unit. This one day enhanced level communication skills course is for Registered Professionals who have already completed SAGE & THYME Communication Skills and covers key communication skills and behaviours, within an evidence based structure 'ENGAGE'.

❖ **Thursday 18th March 2027**

Workshops are 9am – 4pm and will be
Face to Face at Cynthia Spencer Hospice
£120 per person (Free to NHFT Staff)

Care towards the end of life'

A short course for Newly Registered Nurses

This short course will be partly depicted by the learning needs of the participants, but will include increasing foundation knowledge regarding:

- **Prognostication** – proactive identification of people coming towards the end of their life
- **Advance care planning** – principles of ACP, national policy and legislation, how to implement and associated communication skills
- **Symptom management** – assessment, management of key symptoms in last days, anticipatory prescribing, and communication regarding symptoms
- **Priorities for care of the dying person** - considering the national 5 priorities for care of the dying person and the application to practice
- **End of life care services** – available across Northamptonshire
- **Resilience** – caring for oneself



Workshop 1 will be Face 2 Face from 9am – 4pm. Workshops 2 - 5 will be held 1-4pm via MS Teams and Workshop 6 will be Face to Face 1-4pm, dates are:

Autumn Cohort:

Workshop 1 - Weds 14th April 2027 (F2F)

Workshop 2 – Weds 28th April 2027

Workshop 3 – Weds 12th May 2027

Workshop 4 – Weds 26th May 2027

Workshop 5 – Weds 9th June 2027

Celebration & Sustainability Workshop with

Syringe Pump Confidence Building Session – Weds 23rd June 2027 (F2F)

*“Invaluable knowledge shared by
highly experienced staff giving
confidence and best practice to
nurses. Every NQN needs to attend
this course”*

Community Nurse – June 2026

Please note that where sessions are free, non-attendance without 72 hours prior notification will be charged for and we will invoice your organisation.

To check availability and book your place via our booking form, please contact [03000 271300](tel:03000271300) or email eolceducation@nhft.nhs.uk. Places will only be reserved for 7 days from point of enquiry. Without receipt of completed booking form and invoicing details, reserved places will be released.

We continue to be commissioned by individual organisations to deliver education to suit their particular learning needs, if this is of interest, please contact us for a copy of our course prospectus.

If you require further support or have additional learning needs
the team will endeavour to offer you support.

If you would no longer like to receive emails from us, please get in touch and we will
remove you from our distribution list